



# SAUGEEN SHORES HALL OF FAME

## *REBECCA (BECKY) SMITH* *ATHLETE AWARD*

*Inducted: May 9, 2019*

- Born and raised in Saugeen Shores by Mike and Donna Smith, ON
- Graduated from Saugeen District Secondary School (SDSS) in 1996
- Member of the Saugeen Track and Field Club (STFC) from 1988-1996
- 3-time Midget National Champion in 1994 - National Champion 400m Hurdles, National Champion Medley Relay and National Champion 4x100m Relay
- 9-time Ontario Champion – 1991 Ontario Bantam Champion 400m (Indoors), 1992 Ontario Bantam Champion 300m Hurdles, 1992 Ontario Midget Champion 400m Hurdles, 1993 Ontario Juvenile Champion 300m Hurdles, 1994 Ontario Champion Midget 400m Hurdles, 1994 Ontario Midget Champion 400m, 1994 Ontario Juvenile Champion 300m Hurdles, 1994 Ontario Juvenile Champion 400m, 1994 Ontario Summer Games 400mH Champion – Open
- Multiple Saugeen Track and Field Club Awards- STFC Female Champion of the Hill (1989), STFC Atom Female Age Class Award (1989), STFC Female Junior Athlete of the Year (1991), STFC Female Champion of the Hill (1992), STFC Queen of the Hill (1993), STFC Female Athlete of the Year (1994), STFC Queen of the Hill (1994), STFC Rehab Cup (1994), STFC Iron Woman Award (1994), STFC Queen of the Hill (1995), STFC Iron Woman Award (1995)
- Multiple SDSS Awards- PESCS Physical & Health Education Award (1991), Ontario Federation of School Athletic Associations (OFSSA) Bronze medalist 400m Hurdles (1995), OFSSA Bronze medalist 4x400m relay (1995), S.D.S.S. Senior Female Athlete of the Year (1995), S.D.S.S. Senior Female Athlete of the Year (1996), Bluewater Track & Field Record holder - Midget Girls 200m, Bluewater Track & Field Record holder - Midget Girls 300m Hurdles
- Full Track and Field Scholarship to Oklahoma State University (1996)
- Academic All American at Oklahoma State University (1997)
- Team Captain of the Varsity Track and Field Team University of Louisiana at Monroe (2000)
- United States Olympic Committee Olympic Training Centre, Chula Vista, CA Sport Physiology Intern (2002), Sport Physiology Research Assistant (2002-2003)