

<u>SAUGEEN SHORES</u> HALL OF FAME

Aynsley Kemila ATHLETE AWARD

Inducted: May 31, 2023

- Born 0n September 30, 1976 to Rosemary and Ashley Kemila
- Joined the Jack Rabbit Ski program when she was young and took to cross-country skiing immediately
- Aynsley started to get involved with the Special Olympics in 1990.
- Actively involved in all sports offered swimming, track and field, basketball, soccer, T-ball, and Nordic Skiing.
- First competed in the Summer Provincial Games at Sudbury in 1993.
- Over the years Aynsley has competed in the Winter National Games in Nordic Skiing.
- Participated in Ottawa in 2000 and won 2 silver medals.
- Participated in Charlottetown, Prince Edward Island in a blizzard in 2004
- Participated in Quebec City, Quebec in 2008 winning a gold medal
- Participated in St Albert, Alberta in 2012
- Participated in the Boise, Idaho World Winter Games in 2009 earning 2 gold medals and a bronze medal.
- Participated in the Spring and Summer games from 2000 to 2012
- Her training program included early morning swimming, Weight Training and 10 km practice runs.
- Aynsley and her father were interviewed by TSN at the Idaho World games along with Sid Gordon and Peter and Jill Gauthier from Home Hardware who were Aynsley's sponsors.
- Still participates in the sports for fun and won a gold medal in Collingwood for Nordic Skiing in 2023.